

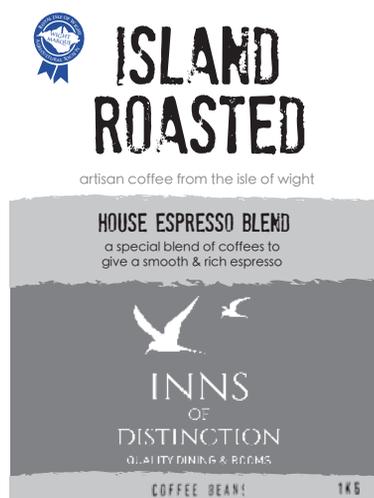
# EARLY MORNING MENU

served from 9am - 11am

## Beverages

The I.O.W Espresso Co. is the Island's leading supplier of hand roasted artisan coffee. Demand for their "Island Roasted" coffee has grown considerably, and in 2013 the first of two larger commercial roasters were put into production at their roastery in Newport on the Isle of Wight. In 2014 their "Island Roasted" coffee was awarded Wight Marque status, a scheme to highlight products that are genuinely produced on the Island.

|                             |                   |
|-----------------------------|-------------------|
| Espresso                    | £2.2              |
| Double Espresso             | £3.9              |
| Regular coffee with milk    | £2.30 Large £3.30 |
| As above but with cream     | £2.40 Large £3.40 |
| Cappuccino                  | £2.50 Large £3.50 |
| Macchiato                   | £2.30             |
| Latte                       | £2.60             |
| Hot Chocolate               | £3.60             |
| Pot of Dorset Blend Tea     | £2.10             |
| Earl Grey & Specialist Teas | £2.20             |



THE BOATHOUSE

# EARLY MORNING MENU

served from 10am - 12pm

## **Toast**

Two slices of white or wholemeal bread with a selection of preserves and butter £3.5 (*gluten free bread available*)

## **Sandwiches**

Bacon or sausage sandwich served on a choice of white or wholemeal bloomer £5 (*gluten free bread available*)

## **Fish**

Smoked Mackerel fillets topped with scrambled egg £7

## **Eggs benedict**

Toasted English muffin with ham topped with a soft poached egg and Hollandaise Sauce £7.5

## **The Boathouse traditional breakfast**

Rashers of smoked streaky bacon, pork sausage, button mushrooms, cherry tomatoes, sautéed potatoes, black pudding, baked beans and IOW free range egg fried or poached £9

## **Vegetarian and vegan full English breakfast**

Vegetarian full English - Homemade lentil sausages, button mushrooms, cherry tomatoes, spinach, sautéed potatoes, baked beans and IOW free range egg fried or poached £8.5

Vegan full English- Vegan sausages, button mushrooms, cherry tomatoes, baked beans, sautéed potatoes and asparagus £8.5

## **Omelettes**

A choice of bacon and mushroom, ham and cheese or cheese and tomato £6.5

We also have **Gluten Free** sliced white and brown bread available for all sandwiches

THE BOATHOUSE